

**Expert meeting “Think Tank on obstructive and central sleep apnoea and obesity hypoventilation syndrome**  
Baveno, 20-22.10.2016

**Schedule**

**Thursday, 20<sup>th</sup> October 2016**

Time	What	Who	Where
14.30-15.00	Welcome and Introduction to expert meeting	Bassetti, Ferini, Randerath	
15.00-16-30	<p><b>Workshop 1.1</b>  <b>Phenotyping of sleep related breathing disorders:</b> Pathophysiology of obstructive sleep apnoea: morphology of upper airways, muscle structure and function, phenotypes of CSA, obesity hypoventilations syndrome</p> <p>Discussion points to summarize and manuscript preparation</p>	<p>Randerath Pevernagie</p> <p>Grote Pepin Hedner Farre Mihaicuta Ryan Kohler Martinez-Garcia</p>	Sala
15.00-16-30	<p><b>Workshop 1.2</b>  <b>Assessment of severity of disease:</b> Respiratory disturbances (role of AHI, ODI), relevance and problems of AASM recommendations; Assment of impairment of quality of sleep beyond PSG, assessment of daytime symptoms, future perspectives of classification systems based on daytime symptoms</p> <p>Discussion points to summarize and manuscript preparation</p>	<p>McNicholas Riha</p> <p>Ferini Polo Bassetti Bonsignore Montserrat Pizza</p>	Sala
			Sala
16.30- 17.00	<b>Coffee break</b>	All	Sala
17.00-19.00	<b>Continuation discussion and conclusions</b>	All Workshops	
20.00	<b>Dinner</b>	All	Sala

**Friday, 21<sup>th</sup> October 2016**

Time	What	Who	Where
09.00-10.30	<p><b>Workshop 2.1</b>  <b>Diagnostic algorithms/new tools:</b> Screening, confirmation (polygraphy), differential diagnosis (polysomnography). New tools for diagnosis: arterial tonometry, capnometry.....</p> <p>Discussion points to summarize and manuscript preparation</p>	<p><b>Polo</b>  <b>Grote</b></p> <p>Pevernagie  Randerath  Montserrat  Riha  Verbraecken  Pepin  Farre  Mihaicuta  Ryan</p>	Sala
9.00-10.30	<p><b>Workshops 2.2</b>  <b>SDB and EDS, driving</b></p> <ul style="list-style-type: none"> <li>• Attention, vigilance, sleepiness, fatigue</li> <li>• Driving</li> </ul> <p>Discussion points to summarize and manuscript preparation</p>	<p><b>Ferini-Strambi</b>  <b>Pizza</b></p> <p>Bassetti  Hedner  McNicholas  Bonsignore  Martinez-Garcia  Pizza</p>	Sala
10.30-11.00	Coffee break	All	Sala
11.00-13.00	Continuation discussion and conclusions	All Workshops	
13.00-14.00	Lunch	All	Sala
14.00-16.30	<p><b>Workshop 3.1</b>  <b>SDB and neuropsychiatric disorders</b></p> <ul style="list-style-type: none"> <li>• Neurologic disorders (stroke, neuromuscular)</li> <li>• Psychiatric disorders (depression, anxiety)</li> <li>• Insomnia</li> </ul> <p>Discussion points to summarize and manuscript preparation</p>	<p><b>Bassetti</b>  <b>Ferini</b></p> <p>Ferini  Hedner  Grote  Riha  Pevernagie  Pizza</p>	Sala
14.00-16.30	<p><b>Workshops 3.2</b>  <b>Sleep apnoea: outcomes</b></p> <ul style="list-style-type: none"> <li>○ Metabolic and cardiovascular consequences</li> <li>○ Cancer</li> <li>○ Diabetes mellitus as a consequence</li> </ul> <p>Discussion points to summarize and manuscript preparation</p>	<p><b>Pepin</b>  <b>Ryan</b></p> <p>Martinez-Garcia  McNicholas  Pepin  Farre  Polo  Randerath  Montserrat  Verbraecken  Mihaicuta  Bonsignore  Kohler</p>	Sala
16.30- 17.00	Coffee break	All	Sala
17.00-18.00	Continuation discussion and conclusions	All Workshops	
20.00	Dinner	All	Sala

**Saturday, 22<sup>th</sup> October 2016**

Time	What	Who	Where
08.30-10.30	<b>Workshop 4.1</b>  <b>Comorbid conditions on OSA, CSA, associated hypoventilation</b> <ul style="list-style-type: none"> <li>• <ul style="list-style-type: none"> <li>○ Chronic heart failure/cardiovascular diseases</li> <li>○ Chronic lung diseases</li> <li>○ Neuromuscular diseases</li> </ul> </li> </ul> Diabetes as a risk factor Manuscript preparation	<b>Hedner</b> <b>Bonsignore</b>  Bassetti Ferini Bonsignore Pevernagie McNicholas Martinez-Garcia	Sala
08.30.10.30	<b>Workshop 4.2</b>  <b>Treatment</b> <ul style="list-style-type: none"> <li>• Future of treatment of obstructive sleep apnoea</li> <li>• Treatment of central sleep apnoea, co-existing OA and CSA, CompSAS, CSA with comorbidities, OHS</li> <li>• Telemedicine: perspectives, caveats and limitations of (diagnosis, treatment, follow-up)</li> </ul> Manuscript preparation	<b>Verbraecken</b> <b>Farre</b>  Grote Farre Polo Randerath Riha Verbraecken Mihaicuta	Sala
10.30-11.00	<b>Coffee break</b>	All	Sala
11.00-12.30	<b>Preparation of final document with the last manuscript</b>	All	Sala
12.30-13.00	<b>Conclusions</b>	<b>Bassetti, Ferini,</b> <b>Randerath</b>	
13.00-14.00	<b>Lunch</b>	All	Sala