



EUROPEAN NARCOLEPSY NETWORK

PROGRAM



PROGRAM



10th European Narcolepsy Day

NARCOLEPSY AND ITS BORDERLAND

18-19/05/2019

BERN UNIVERSITY HOSPITAL, INSELSPITAL

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UNIVERSITÄTSSPITAL BERN
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 **BENESCO**
Bern Network Epilepsy Sleep Consciousness





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UNIVERSITÄT
BERN
Interfaculty Research Cooperation:
Decoding Sleep


Swiss Narcolepsy Network












IN COLLABORATION WITH:

 **ESF**
European Sleep Foundation
Fondazione Europea Sonno

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10th European Narcolepsy Day

NARCOLEPSY AND ITS BORDERLAND

Dear colleagues, patients, guests and friends,

On behalf of the European Narcolepsy Network (EU-NN), it is my pleasure to invite you to the 10th European Narcolepsy Day, which returns to Switzerland 9 years after the first event took place in Lugano in 2010.

The EU-NN is a non-profit organization whose mission is to increase public awareness about narcolepsy and related diseases and to support initiatives in research, education and management to improve the quality of life for all affected persons. Over the years the EU-NN narcolepsy day has become a unique opportunity for scientists, patients, physicians and healthcare professionals to receive updates and exchange ideas and experiences.

This year's program, which immediately follows the 16th European Narcolepsy Master Class (Bern, May 17), includes clinical and scientific sessions on the narcolepsy borderland, lectures ("year in review") on the most recent publications in the field of narcolepsy,

short presentations by young investigators on current research projects, and a poster session. Representatives of national patient organizations will host a joint workshop with clinicians on "quality of life in narcolepsy" and a second session, in which questions prepared in advance by patients, will be discussed together with physicians and scientists.

In addition to the traditional awards for the best presentation and poster, the EU-NN is honoured to present for the first time the "European Narcolepsy Award" to Professor Emmanuel Mignot (USA) and Prof. Masashi Yanagisawa (Japan) for their outstanding research contributions to the field of narcolepsy.

We very much look forward to welcoming all of you to the beautiful city of Bern in May 2019.

Warm Regards,



Prof. Claudio Bassetti
President of the European Narcolepsy Network

SATURDAY, 18TH MAY 2019

- 08.30 Registration
09.00 Welcome - *C. Bassetti (CH)*

SESSION 1 - BASIC SCIENCE

 CHAIRS: P.H. LUPPI (FR), T.E. SCAMMELL (US)

- 09.15 Genetics of central hypersomnias
M. Tafti (CH)
- 09.45 Neurobiology of the narcolepsy borderland
M. Schmidt (CH)
- 10.15 Discussion

10.30 *Coffee break*

11.00 SESSION 2 - PATIENTS' SESSION HOW TO IMPROVE THE QUALITY OF LIFE: WHAT DO WE NEED AND HOW ARE WE GOING TO PROVIDE THAT

 CHAIRS: L. SICKENGA (NL), M. O'NEILL (UK)

KEY NOTE LECTURE 2 AND EU-NN NARCOLEPSY RESEARCH AWARD 2019

 CHAIRS: C. BASSETTI (CH), G. PLAZZI (IT)

12.15 EUROPEAN NARCOLEPSY RESEARCH AWARD (AND LECTURE) 2019

 *E. Mignot (US)*

13.00 *Lunch and Poster*

13.30 EU-NN Business Meeting

14.30 SESSION 3

YOUNG SCIENTISTS SESSION (6 TALKS)

 CHAIRS: F. PIZZA (IT), A. WIERZBICKA (PL)

1. The sustained attention to response task as a paradigm to study vigilance and inhibitory motor activity in narcolepsy type 1 - *J.K. Gool (NL)*
2. Assessment of treatment effects on cataplexy in paediatric NT1 through standardized video recording procedure - *G. Neccia (IT)*
3. Is histamine increased in animal models of narcolepsy type 1? - *S. Melzi (FR)*
4. Dissociating REM sleep from cataplexy through ambient temperature manipulation in hypocretin knock-out mice Nocturnal Sleep Stability - *L. Branca (CH)*
5. Clinical and polysomnographic/MSLT characteristic of narcolepsy: A Russian Narcolepsy Network study - *A. Kuts (RU)*

6. Variation of circadian motor activity profile according to demographic, clinical and biochemical data in pediatric type 1 narcolepsy patients - *M. Filardi (IT)*
7. Differentiates Pediatric CNS Hypersomnia Disorders
K. Maski (US)

15.30 *Coffee break*

SESSION 4 - YEAR IN REVIEW: NARCOLEPSY

 CHAIR: K. SONKA (CZ)

- 16.00 Basic science - *B. Kornum (DK)*
- 16.30 Clinical science - *R. Khatami (CH)*
- 17.00 Discussion

17.30 EU-NN BOARD meets the extra European guests

SUNDAY, 19TH MAY 2019

SESSION 5 - CLINICAL SCIENCE

 CHAIRS: J. MATHIS (CH), S.B. HONG (KR)

- 09.00 Clinical features/diagnosis of the narcolepsy borderland - *G.J. Lammers (NL)*
- 09.30 Treatment of the narcolepsy borderland
Y. Dauvilliers (FR)
- 10.00 Discussion

10.30 *Coffee break*

11.00 SESSION 6

PATIENTS QUESTIONS/ANSWERS

 CHAIRS: R. KHATAMI (CH), G.J. LAMMERS (NL)

SESSION 7 - AWARDS CEREMONY


 CHAIRS: B. KORNUM (DK), G. PLAZZI (IT)

- 12.00 Young Scientist Award - *B. Kornum (DK)*
- 12.15 Best Poster Award - *B. Kornum (DK)*

KEY NOTE LECTURE 2 AND EU-NN NARCOLEPSY RESEARCH AWARD 2019

 CHAIRS: C. BASSETTI (CH), G. PLAZZI (IT)

12.30 EUROPEAN NARCOLEPSY RESEARCH AWARD (AND LECTURE) 2019

 *M. Yanagisawa (JP)*

- 13.15 CLOSING CEREMONY
Narcolepsy Day 2020
International Narcolepsy collaboration

MEETING VENUE

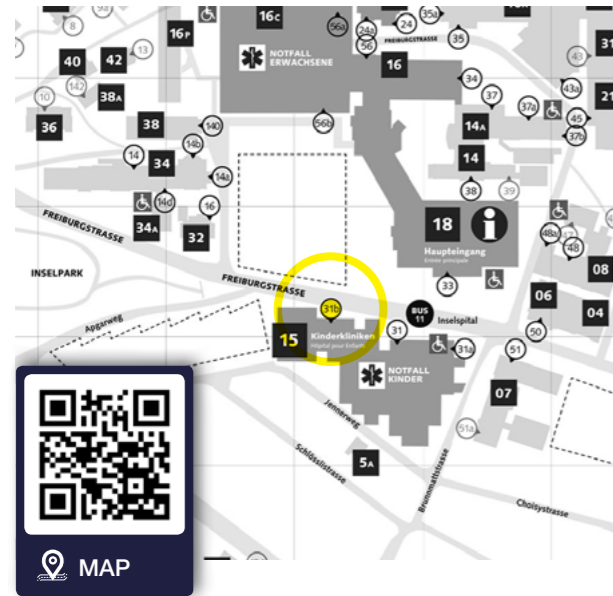
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CREDITS

Swiss Neurological Society (SNG):

18/05 - 8 CREDITS, 19/05 - 4 CREDITS

Swiss Society for Sleep Research, Sleep Medicine
and Chronobiology (SGSSC):

10 CREDITS

EACCME® CREDITS

The 10th European Narcolepsy Day - Narcolepsy and its borderland, Bern, Switzerland, 18/05/2019-19/05/2019 has been accredited by the European Accreditation Council for Continuing Medical Education (EACCME®) with 6 European CME credits (ECMEC®s). Each medical specialist should claim only those hours of credit that he/she actually spent in the educational activity.

Each participant can only receive the number of credits he/she is entitled to according to his/her actual participation at the event once he/she has completed the Evaluation Form.

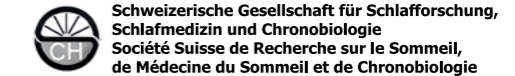
EVALUATION FORM

Your opinion is very important for our improvement process! We kindly ask 2 minutes of your precious time to answer some easy and fast questions related to the quality of the event.

AN UNCONDITIONED SUPPORT HAVE BEEN REQUESTED TO:



PATRONAGE:



TEACHING COMMITTEE of the EU-NN



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For more information:

www.europeansleepfoundation.ch

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