

## CREDITS

Schweizerische Neurologische Gesellschaft (SNG)  
**6 CREDITS**

Schweizerische Gesellschaft für Schlafforschung, Schlafmedizin und Chronobiologie (SGSSC)  
**5 CREDITS**

## MEETING VENUE

University Hospital Basel,  
Institut für Pathologie  
Schönbeinstrasse 40  
4056 Basel, Switzerland

## LOCAL ORGANIZERS

**Prof. Dr. med. Urs Fischer**  
Chairman Department of Neurology  
Co-Chairman Stroke Center  
University Hospital Basel

**PD Dr. Alexandre Datta**  
Head a.i. of Pediatric Neurology and  
Developmental Medicine, University  
Children's Hospital Basel (UKBB), Co-  
head of the Center of Sleep Medicine  
and Chronobiology of the Basel  
University Hospitals

## WITH THE UNCONDITIONAL SUPPORT OF:



## IN COLLABORATION WITH:



European Sleep Foundation  
Lugano, Switzerland  
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[www.europeansleepfoundation.ch](http://www.europeansleepfoundation.ch)  
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**For more information, visit:**  
[www.europeansleepfoundation.ch/  
event/8th-swiss-narcolepsy-day/](http://www.europeansleepfoundation.ch/event/8th-swiss-narcolepsy-day/)



The Swiss Narcolepsy Network (SNaNe)  
The Swiss Narcolepsy Society (SNaG)  
Basel University Hospital  
Are happy to invite you to the:

# 8<sup>th</sup> SWISS NARCOLEPSY DAY

**FEBRUARY 2<sup>nd</sup>, 2023**  
Basel, Switzerland



### Dear Colleagues

Asleep during the day! A growing number of people within the normal population suffers severely from daytime sleepiness. In some cases this is caused by narcolepsy - a rare and compromising, still underdiagnosed and not well understood disorder.

The **8<sup>th</sup> Swiss Narcolepsy Day** offers opportunities to address clinical aspects of narcolepsy and to report on scientific progress in disease management.

Together with the newly founded Swiss Narcolepsy Network ([www.snane.ch](http://www.snane.ch)) our goal is to find innovative new strategies that support the improvement of the patient's medical care

Warm Regards,

#### PD Dr. ALEXANDRE DATTA

Head a.i. of Pediatric Neurology and Developmental Medicine, University Children's Hospital Basel (UKBB), Co-head of the Center of Sleep Medicine and Chronobiology of the Basel University Hospitals

## MATERIALS REPOSITORY

All registered attendees will receive an e-mail notification from the organizing secretary as soon as video recordings of the meeting will be available.



🇬🇧 Official Language is **English** except for a speech (German). Simultaneous translation will not be provided.

## THURSDAY, 2<sup>nd</sup> FEBRUARY 2023

SCIENTIFIC PROGRAM FOR PHYSICIANS AND RESEARCHERS

13.30 Welcome from the President  
*Claudio Bassetti, Bern (CH)*

13.35 Introduction to the course  
*Urs Fischer, Basel (CH)*

**13.40 Key lecture**  
**Parasomnias in narcolepsy and other disorders of central hypersomnolence** 🇬🇧  
*Isabelle Arnulf, Paris (FR)*

14.10 Update Pediatric SPHYNCS study 🇬🇧  
*Silvia Miano, Lugano (CH)*

14.30 Update SNaNe Registry 🇬🇧  
*Julia van der Meer, Bern (CH)*

15.00 📴 *Pause*

**15.30 Sponsored Simposia**  
**Mazindol ER - a potential therapeutic option in narcolepsy and other rare sleep disorders** 🇬🇧  
*George Apostol, CMO at NLS Pharmaceuticals*

16.00 Data Science in Narcolepsy 🇬🇧  
*Ramin Khatami, Barmelweid (CH)*

16.30 Orexin/hypocretin quantitative CSF measurements 🇬🇧  
*Elena Wenz, Bern (CH)*

17.00 Psychiatric symptoms and comorbidities in narcolepsy patients 🇬🇧  
*Helen Slawik, Basel (CH)*

17.30 Chronobiological aspects of central disorders of hypersomnolence 🇬🇧  
*Christian Cajochen, Basel (CH)*

18.00 📴 *Pause*

**18.30 Talks in collaboration with the Swiss Society of Narcolepsy (SNaG)**  
*(slides in english, talks in german)*

Fatigue and sleepiness in children and adolescence 🇩🇪  
*Alexandre Datta, Basel (CH)*

Transition from adolescence to adulthood in narcolepsy patients 🇩🇪  
*Mathias Strub, Basel (CH)*

Obstructive breathing disorders and narcolepsy 🇩🇪  
*Werner Strobel, Basel (CH)*

19.30 Closing remarks  
*Claudio Bassetti, Bern (CH)*